



AGE GROUP 12 and UNDER FIGURES

COMPULSORY:

1 106 Straight Ballet Leg DD 1.6

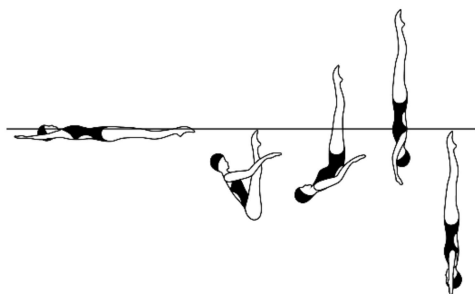
From a **Back Layout Position**, one leg is raised straight to a **Ballet Leg Position**. The *Ballet Leg* is lowered.



					Total
NVT=	18.5	11.0	10.5		40
PV =	4.63	2.75	2.63		

2 301 Barracuda DD 1.9

From a **Back Layout Position**, the legs are raised to a vertical as the body is submerged to a **Back Pike Position** with the toes just under the surface. A **Thrust** is executed to a **Vertical Position**. A *Vertical Descent* is executed at the same tempo as the *Thrust*.



					Total
NVT=	10.0	31.0	15.0		56
PV =	1.79	5.54	2.68		

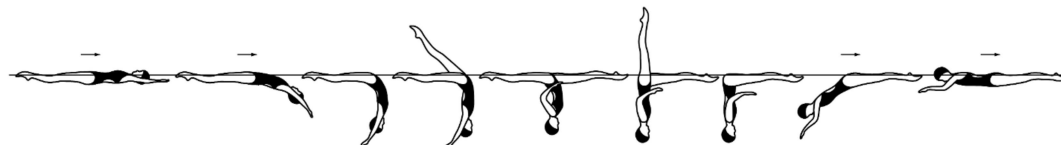







OPTIONAL GROUPS :

Group 1

3 420 Walkover Back DD 1.9

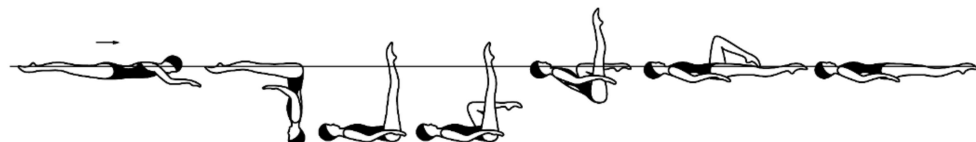
With the head leading a *Dolphin* is initiated. The hips, legs and feet continue to move along the surface as the back is arched more to assume a **Surface Arch Position**. One leg is lifted in a 180° arc over the surface to a **Split Position**. A *Walkout Back* is executed.









						Total
NVT=		12.0	22.0	19.0	6.0	59
PV =		2.03	3.73	3.22	1.02	

4 327 Ballerina DD 1.8

From a **Front Layout Position** a *Somersault Front Pike* is executed to a **Submerged Ballet Leg Double Position**. One knee is bent to assume a **Submerged Flamingo Position**. Maintaining this position, the body rises to a **Surface Flamingo Position**. The ballet leg is lowered in a 90° arc to the surface as the other leg moves to assume a **Bent Knee Position**. The toe moves along the inside of the extended leg until a **Back Layout Position** is assumed.



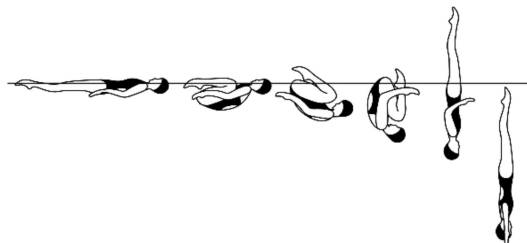
							Total
NVT=		6.0	8.0	3.0	10.0	15.0	52.5
PV =		1.14	1.52	0.57	1.90	2.86	2.00

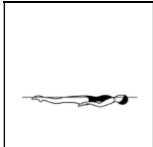


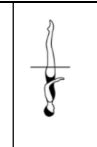


Group 2

3 311 Kip DD 1.6

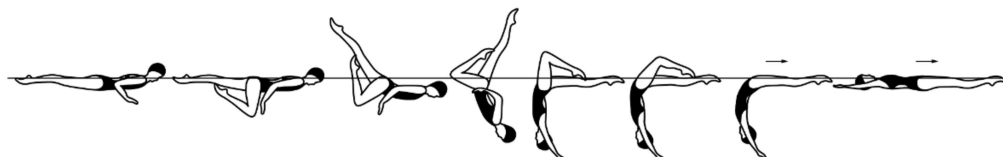
From a **Back Layout Position**, a partial Somersault Back Tuck is executed until the shins are perpendicular to the surface. The trunk unrolls as the legs are straightened to assume a **Vertical Position** midway between the former vertical line through the hips and the former vertical line through the head and the shins. A *Vertical Descent* is executed.


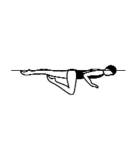

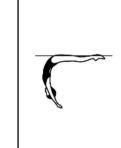
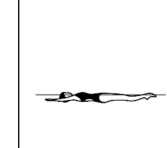


					Total
NVT=	3.0	2.0	23.0	14.0	42
PV =	0.71	0.48	5.48	3.33	

4 401 Swordfish DD 2.0

From a **Front Layout Position**, a **Bent Knee Position** is assumed. The back arches more as the extended leg is lifted in a 180° arc over the surface to assume a **Bent Knee Surface Arch Position**. The bent knee is straightened to assume a **Surface Arch Position**, and with continuous motion, an *Arch to Back Layout Finish Action* is executed.



						Total
NVT=	4.0	35.0	14.5	8.0	61.5	
PV =	0.65	5.69	2.36	1.30		

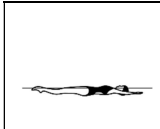
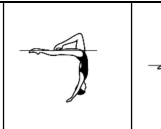
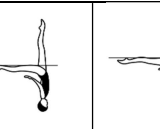
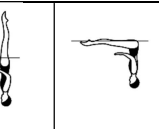
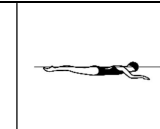


Group 3

3 226 Swan DD 2.1

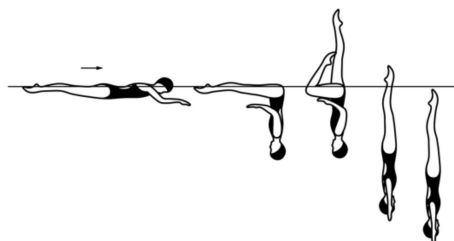
A Nova is executed to the **Bent Knee Surface Arch Position**. The bent leg straightens to assume a **Knight Position**. The body rotates 180° to assume a **Fishtail Position**. The vertical leg is lowered to the surface to meet the opposite leg in a **Front Pike Position** and with continuous movement the body straightens to a **Front Layout Position**. The head surfaces at the point occupied by the hips at the beginning of this action.

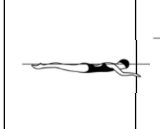
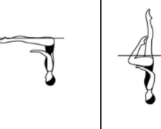
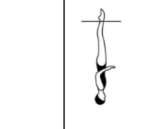
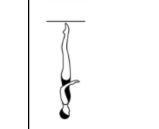


						Total	
NVT=		17.5	14.0	14.0	14.5	6.0	66
PV =		2.65	2.12	2.12	2.20	0.91	

4 363 Water Drop DD 1.5

From A **Front Layout Position**, a **Front Pike Position** is assumed. The legs are lifted simultaneously to a **Bent Knee Vertical Position**. A 180° Spin is executed as the bent knee is extended to a **Vertical Position** before the ankles reach the surface of the water.



					Total	
NVT=		6.0	15.0	15.0	-	36
PV =		1.67	4.17	4.17	-	