

EDINBURGH SYNCHRONISED SWIMMING CLUB PARENT/GUARDIAN CODE OF CONDUCT 2021

Club Code of Conduct

The club is committed to the promotion of excellence in swimming and the fostering of a sense of individual achievement and sporting fairness within a competitive yet supportive environment. The following code of conduct is designed to assist in the achievement of these objectives.

Being a supportive parent

The club is dedicated to nurturing the enjoyment and enthusiasm of every child within our sport, through a safe, fun and progressive environment. We aim to create a welcoming and vibrant environment, promoting inclusivity and diversity that caters for swimmers' needs and aspirations. It is important that children participate in the right spirit and in a supportive atmosphere, which allows them to perform to the best of their abilities, valuing and recognising effort as well as results.

In order to achieve this, we rely heavily on parents/guardians to give their support in the right way. All club activities both in and out of the pool are covered by this code of conduct.

Supporting your child:

- Ensure your child is properly prepared – clothing, kit, equipment, food, drink, etc
- Encourage your child to have fun
- Always promote the positive aspects of the sport (e.g. fair play)
- Encourage your child to value the performance and not just results
- Encourage and guide your child to accept responsibility for their own performance/behaviour
- Respect the decisions of the coaches and team managers
- Respect the club's selection process
- Never condone rule violations or use of prohibited substances
- Encourage your child to respect the rules, and teach them that they can only do their best
- Ensure that your child understands their code of conduct
- Inspire your child to be the best they can be both in the sport and in life
- Help your child understand the important life lessons to be gained from the sport, such as: leadership, handling adversity, teamwork, persistence and compassion
- Establish a positive relationship with your child's coach

Supporting our club:

- Complete and return all forms pertaining to your child's participation
- Report any changes to the information to the coach/club as soon as possible before they next take part in a session
- Deliver and collect your child punctually before and after training/events and inform the organiser prior to the activity starting if your child is to be collected early
- Support the club by attending events and fundraising activities when you can
- Ensure that you are part of all WhatsApp communications with the club and your child, and that you both use it appropriately
- Abide by all guidelines laid down by Scottish Swimming, including, but not limited to, the Acceptable Use of Mobile Phone Policy and Social Media Guidelines

Supporting our club at training, events and competitions:

- Encourage all members of the club by applauding their effort
- Show understanding when athletes make mistakes or if they don't win
- Be positive - discuss performances in a constructive manner at an appropriate time, focus on things the athlete did well. Don't dwell on mistakes
- Support all efforts to remove verbal and physical abuse from sporting activities
- Respect and applaud other athletes / teams for their efforts, not just your own
- Behave responsibly and do not use inappropriate language whilst involved in or spectating at club activities
- Treat swimmers, coaches, club volunteers, officials and other parents and spectators from the club and other clubs with due respect
- Ensure that you understand when your child is the responsibility of the club, and when the responsibility lies with you

As a parent/guardian you have the right to:

- be assured that your child is safe and protected during their participation in all activities
- be informed of problems or concerns relating to your child
- be informed if your child is injured or unwell
- have your consent sought for competitions, trips or photography
- contribute to decisions within the club
- have any concerns about any aspect of your child's welfare listened to and responded to

Where a parent/guardian is a member of the club/Scottish Swimming any breaches of the Parent/Guardian Code of Conduct will be dealt with in accordance with the club disciplinary procedures.

If the parent/guardian is not a member of the club/Scottish Swimming any breaches of the Parent/Guardian Code of Conduct will result in removal from the event / a ban for future events.

I have read and understood the above Code of Conduct and I agree to be bound by it:

Name of Parent / Guardian _____

Signature _____

Date _____